

## **Sonny Provetto**

Sonny Provetto, LICSW is an EMDRIA Certified Trauma Consultant, a Certified EMDR clinician, trauma therapist, and trainer for police departments and emergency responders both nationally and internationally. His experiences as a police officer and as an emergency mental health clinician at 911- ground zero - have guided his clinical practice with first responders for more than 20years. In 2018, Sonny founded *The Vermont Center for Responder Wellness*, a full-service treatment center specializing in the treatment of traumatic stress. The Center also provides training around mental health and developing a peer support program using EMDR Early Interventions as the core modality.

Sonny currently consults on issues of stress and trauma with 15 Vermont police departments.

He is a subject-matter expert on PTSD who in 2017 testified for the Vermont legislature to make PTSD a compensable injury for first responders. This resulted in Vermont becoming the first state in the United States to recognize PTSD as a work-related injury for first responders.

Sonny is the recipient of the 2018 EMDRIA Award as a distinguished clinician, recognized for the support and advancement of EMDR as an effective therapy for the treatment of trauma in emergency service personnel. Recently, Sonny received the "Champion Award" from the New York State Department of Human Services for providing consultation and training on issues related to stress, trauma, and resiliency. Lastly, his Center is involved in the humanitarian effort both in the war in Ukraine and the recent earthquake in Syria and Turkey providing much need trauma training to area psychologist to help scale up the relied effort in providing trauma treatment.